SEXSMITH COMMUNITY EVENTS SPRING 2019

VOLUME 3, ISSUE 2 APRIL 2019 TO JUNE 2019

Town Clean Up

The first Saturday in May is Town Clean Up Day! Leave items at the curbside and they will be picked up for you.

LARGER items can be dropped off at Public Works that day.

Contact the Town of Sexsmith with questions at 780-568-3681.

Town Wide Garage Sale

The second Saturday in May is designated for a Town wide garage sale.

People come from all over the region to visit Sexsmith and find great deals on items of all kinds.

Whether you are planning to buy or sell, THIS is the day to do it!

Get out early to find the best deals.

2019 Wordpower Double Feature

with literary artists Rob Feagan and Rita Feutl

Tuesday, April 30th, 7:00-8:30 p.m. at the Sexsmith Shannon Library.

Rita Feutl is a freelance journalist and writer, publishing in numerous magazines and newspapers across Canada.

Robert has given presentations across Canada and the United States. His highly interactive visits include readings and visual displays and discussion of northern artifacts from his personal collection.



This free event is sponsored by Cenovus Energy in partnership with the Young Alberta Book Society.

Sexsmith Community Events is published quarterly as a joint initiative between community organizations.

Please let us know by May 25th if you would like any events added to the next edition of this calendar.

Inquiries can be made to: Sheryl Pelletier 780-568-4333 librarian@shannonlibrary.ab.ca





Community Organizations

Sexsmith Minor Soccer Amber Summach, 780-228-4903

Sexsmith Minor Ball Daycie Bohning, 780-933-1951

Sexsmith Walk/Run Club Melody Sample, 780-882-1974

Sexsmith Tumbling Club Amanda Sparks, 780-228-4236



Follow us to stay current on our happenings at: <u>www.facebook.com/SWellnessCoalition</u> or <u>www.facebook.com/SsmithCommunityGarden</u>

Walking Group

Join us Mondays 6:30pm at the library – our loop is about 5km but you have the option to do half, which is about 30 minutes. Cost is only a \$25 2019 Sexsmith Walk/Run Group membership. Under 19 and over 55 are free! This membership is good all year long for all our programs like Walk & Yoga, Indoor Walking and any other program we put on!

No Registration required, wear appropriate footwear and bring water.

More info can be found by contacting Melody Sample, Wellness Coordinator.

Coming soon: Urban Pole Walking!

Seniors Community Kitchen

Are you a senior who would love to purchase some healthy, homemade freezer meals at a low price? We host our community kitchens twice a month at the Civic Centre Kitchen and we'd love for you to come cook OR come for lunch AND/OR take home freezer meals. Delivery available.

Upcoming Dates:

April 11 & 23, May 9 & 23, June 6 & 20 Lunch is at 12pm for \$4. Cooking starts at 10am. Take home containers for \$2 each.

Community members are welcome to come help cook, deliver meals and visit with seniors. For more information, please contact Melody Sample at 780-882-1974. For more information on any of these events and programs on this page, contact Melody Sample, Wellness Coordinator, at 780-882-1974 or email to <u>sexsmithwellnesscoalition@gmail.com</u>.

We are always looking for people to sit on our Wellness Coalition (next meeting Wed May 1 at 7pm) – give Melody a call if you want more info.

COMMUNITY GARDEN

Our Garden is open to the community to pick from when in season! We're looking for people who want to help with a bit of weeding or watering this summer.

Gardening Workshops - Thurs May 9 at 7pm and Fri May 10 at 1pm. Learn how to garden for our climate. \$5 per adult.

We're building in our garden! Are you interested in learning how to build raised beds? We'll be teaching you as we build new beds, trellis, hoop houses & more! Info TBA.

More info can be found by contacting Melody Sample, Wellness Coordinator.

Wellness Coalition

Are you interested in general wellness, fitness or healthy eating? Do you have ideas that would make Sexsmith a healthier community? We would love to hear from you!

The Sexsmith Wellness Coalition is a friendly group made of different community people that want to create opportunities for wellness for our residents.

Our next meeting is Wed May 8 at 7pm in Town Council Chambers.

Contact Melody Sample for more info.



South Peace Rural Community Learning

Call: (780) 354-2656 Visit: www.SPRCL.ca Email: admin@sprcl.ca

Volunteer Opportunities

Sexsmith Courses:

Basic English/Math Tutor 1 hour weekly or biweekly Sexsmith Clairmont La Glace

Canadian Firearms Safety Course May 18th or 19th \$150

Canadian RESTRICTED Firearms Safety Course May 25th \$150

Wembley Courses:

Dino Rhymes April 2nd - May 4th Free

Standard First Aid with CPR 'C' April 6th & 7th \$150

La Glace Courses:

Basic Computer Skills for Adults Wednesdays April 3rd-24th \$40 for 4 sessions

Bezanson Courses:

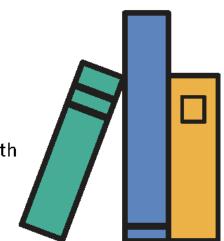
Rhymes Alive April 8th - May 5th Free

Grovedale Courses:

Beyond the Book Free April 2nd, 16th, 30th & May 14th I SPRCL offers FREE tutoring for adults including: English as a second language, reading and writing, basic math and numeracy, GED prep and iPhone/iPad

Hythe Courses:

Beyond the Book April 3rd Free



Creative Writing Club Instructor 2 hours once a month Beaverlodge

> Babysitter 5 hours once a month Beaverlodge

Beaverlodge Courses:

Canadian Firearms Safety Course April 6th \$150

Canadian RESTRICTED Firearms Safety Course April 7th \$150

> Hunter's Education May 8th-11th \$130

> > Boat Course June 1st \$80

Community Kitchen , April 12th/13th & May 10th/11th \$20 subsidies available



Sexsmith Easter Egg Scramble

When: 1-3pm Sat April 13th

The Egg Scramble begins Eggs-actly at

Games and a Spring Scavenger hunt in

If the weather is inclement then all activities

will move to the Fire Hall after the egg hunt.

For more information, contact Naomi or Melody at the Town Office at wellness@sexsmith.ca or 780-568-3681.

will be divided into 2 age groups.

the park to follow as well as crafts,

activities, snacks & prizes.

FREE **EVENT**

Egg Scramble is at **1pm Heritage Park** Campground

Parking at Grace 1pm at Heritage Park by the pond. Kids **Bible Fellowship** Church

Win a Kid's Bike!

After the egg hunt is Crafts, Fun **Activities**. Food and Prizes

Non-Candy Easter Basket Ideas for Kids

There are so many fun, non-candy ideas to toss in an Easter basket or goodie basket for your child. We hope these ideas get your creative juices flowing and you can have some new fun with your Easter baskets this year.

> Books, Games Colouring Books, Crayons, Markers DVD or CD **Bath Toys** Special Cup Stuffed Animal or Toy Car Sidewalk Chalk **Spring Shoes** New Outfit Bracelets Sun Hat, Sunglasses or Hair clips Slippers Bath or Beach Towel Swim Suit **Bubbles**

Brought to you by the Sexsmith Wellness Coalition

The Sexsmith Farmers' Market is back for 2019!

Tuesdays From June 18 Through Oct 1 at the Curling Rink.

Special Markets:

Sat, June 1 Chautaugua Market, 10am-4pm, Curling Rink. November 22 & 23 Christmas Market at the Civic Centre.

All Vendors Make, Bake or Grow their own products!

We are family- and mobility- friendly. There is a Kid's Corner, food is available to purchase in the concession and the coffee is always on.

A variety of vendors – garden vegetables, BC & local fruits, baking of all kinds, meats, prepared foods, jams & pickles, wood signs, fresh cut flowers & plants, wood crafts, honey, knitting & crochet, denim blankets, jewelry, and more!

We are now accepting vendors!

For more info contact Melody Sample, Market Manager, at 780-882-1974 or wellness@sexsmith.ca.



Shannon Municipal Library Spring 2019 Events

Web: shannonlibrary.ab.ca Facebook: Sexsmith Shannon Library Phone: 780-568-4333

ANNUAL CHAUTAUQUA DAY BOOK SALE

Find us in front of the Sexsmith Insurance building on 100th Street for great deals on books of all genres, magazines, and more.

June 1 after the parade.

Teddy Bear Picnic

Join the Shannon Library, SPARKED Coalition, and a herd of teddy bears at the Heritage Park in Sexsmith for songs, games, snacks, and free play!

June 12, 10:30-11:30 a.m.

Please preregister for this event. Open to ages 0-5 with adult supervision.

Library Hours

Monday	1:00 p.m.— 5:30 p.m.
Tuesday	10:00 a.m.—5:30 p.m.
Wed.	10:00 a.m.—5:30 p.m.
Thurs.	10:00 a.m.—8:00 p.m.
Friday	10:00 a.m.—5:30 p.m.
Sat.	12:00 a.m.—4:00 p.m.

Closed on Sundays, Statutory Holidays & Saturdays of long weekends

Located at 9917-99 Avenue Sexsmith, Alberta 780-568-4333

After School Craft

for Kindergarten to Age 9

Join us one Tuesday afternoon each month for this free craft program.

Creative Kids

Ages 10 and Up

One Wednesday afternoon a month for more advanced crafts. \$2/child.

April 16/17, May 14/15, June 11/12

Drop ins will not be accepted.

Lego Blockbusters Club 1000 Piece Challenge

If you could put anything you wanted in a library, what would you choose? Come show us at this fun event for all ages. You get 1000 pieces and 1 hour to complete your own dream library!

Thursday, May 16 after school (LBC Wrap Up)

Door prizes available!

L2D (Learn to Drive) Workshop

These tutorial workshops are proven to help teens pass their written Learner's Permit test.

May 9th and 16th at 6:30 p.m. June dates available upon request.

Other dates and times can be arranged for groups of three or more

Cost is \$20.00 Materials included 780-568-4333

Play with Me

Drop in at this free program that provides a place for young families to play each week! For children aged 0-6 and their parents. Books, snacks, loose play and more!

> Fridays at 10:30 a.m. until June 21

Registration is not required for

Library Rhymes

The library is pleased to present its rhyme program for ages 0-5 and their parents. Snacks, rhymes, and songs on Tuesday mornings!

> Tuesdays at 10:00 a.m. until May 15

> > Please preregister for this program.

Tween Movie Night

New, family friendly movies each month! First Friday at 6:30 p.m. for ages 9-12. Free admission! Your first bag of popcorn is free and pop is \$1.

FCSS COMMUNITY EVENTS 2019

Sexsmith and Area Food Bank is continually accepting donations of non-perishable foods KIDS SNACKS, CANNED FRUIT AND CANNED MEAT ARE ALWAYS IN DEMAND Donations can be dropped off at the Town of Sexsmith

9927-100 Street

Sexsmith Summer Day Camp

Operating July & August 2019 If you are interested, please contact FCSS Contact information at top of page

Sexsmith Chautauqua Day Family Fair June 1, 2019

Planning has begun for Chautauqua Day If you are interested in helping to plan this family event, Please join our committee meetings April 17, 2019 6:30 p.m. May 7, 2019 6:30 p.m. May 22, 2019 6:30 p.m. All meetings held at Sexsmith Town Office Opportunities for non-profit groups to raise money working food booths and ride supervision



Upcoming Events/Volunteer Opportunities

- April 10Volunteer Appreciation EventApril 13Easter Eggstravaganza-Heritage Park -1:00
- June 1 Chautauqua Day Family Fair June 5 Senior Appreciation BBQ
- July-August Summer Day Camps

Naomi Robinson 780-568-4345/fcss@sexsmith.ca

Volunteer Appreciation Event The Annual Mayor's "Just Desserts"

April 10, 2019 Sexsmith Civic Centre 7:00 – 8:30 pm

We celebrate individuals in and around our community who are devoted to a cause bigger than themselves. Volunteers help drive our community progress, day in and day out, they make extraordinary sacrifices to expand promise and possibility

If you are a community volunteer, please accept this as your invitation to join

Please RSVP as seating is limited to Naomi Robinson 780-568-4345 or fcss@sexsmith.ca

Senior Appreciation BBQ

Senior Appreciation Week is June 2-7

In appreciation of our Seniors A BBQ event will be held June 5, 2019

Details and Invitations to follow

Employment Opportunity Sexsmith Summer Camp

Camp Coordinator Support Staff Job Description:

May-Aug 2019 July & August 2019

Coordinator: Assist FCSS with community events in May and June as well as preparing to open and run the Sexsmith Summer Camp in July and August. Responsible for scheduling and supervising support staff as well. Supportive Staff: working beside the coordinator to ensure the children have a safe and fun summer. Please send resumes to fcss@sexsmith.ca

Fax number 780-568-2200 Or drop resume off at Sexsmith Town Office 9927-100 St Main Street Sexsmith