## SEXSMITH COMMUNITY EVENTS

## **WINTER 2020**

VOLUME 4, ISSUE 1 JANUARY 2020 TO MARCH 2020

### **Community Organizations**

Sexsmith Curling Club Mel Vavrek, 780-512-8394

Sexsmith Minor Hockey www.sexsmithminorhockey.com

Sexsmith Figure Skating
Rhonda Louttit, 780-882-0736

Sexsmith Arena Bookings Clint Froehlick, 780-814-3034



**SPRCL** provides flexible adult learning in ESL, GED Prep, basic reading, writing, math, budgeting,

computers and more by matching adult learners with volunteer tutors for free one on one tutoring. If you need tutoring or are interested in joining our team of volunteer tutors, please contact Sara at (587)297-5069 or by email at literacy@sprcl.ca.

### **Community Rink locations**

Shannon Rink 10108—93 Street

Clearwater Rink 10201—100 Street

Main Street Rink 1000—100 Street

**GBF Rink** 

101 Avenue, west of 93 Street

Rinks will open as weather permits.

# LOOK ATME - I AM 3!

Come celebrate what your 3 year old can do and discover what you can do with them!

When: Thursday, March 12 from 9-3 p.m. Day includes:

- Bouncy Castles
- Snacks and giveaways
- Fun, explorative, and interactive activities
- Ages and Stages questionnaire screenings

Where: Crosslink County Sportsplex

Who: 3 year olds and their caregivers (siblings welcome!)

Cost: Free!!

This is a FREE event, but registration is required! To register or for more info call 780-897-2567.

# FREE FAMILY DAY FUN IN SEXSMITH!

SAT FEB 15, 1-4PM OUTDOOR RINK AT 101 AVE

Come for the Bonfire, Wagon Rides & the Snow Games. Try Snowshoes or Cross Country Skis! Bring your own skates. Dress for the weather! All ages welcome.

Hot chocolate, hot dogs & chili served while supplies last.

For more info, contact Melody Sample at 780-882-1974 or wellness@sexsmith.ca



Sexsmith Community Events is published quarterly in Spring, Summer, Fall and Winter as a joint initiative of the Town of Sexsmith Library Board, Sexsmith FCSS, and Sexsmith Wellness Coalition.

PLEASE let us know of any events you would like added to this calendar.

Inquiries can be made to:

Sheryl Pelletier, Shannon Library Ph: 780-568-4333 E: librarian@shannonlibrary.ab.ca

## Shannon Municipal Library Winter 2020 Events

Web: shannonlibrary.ab.ca Facebook: Sexsmith Shannon Library Phone: 780-568-4333

## Play with Me

Free drop in program every Friday from 10:30 a.m. until 12:00 p.m.

For children aged 0-6 and their caregivers. Books, snacks, loose play and more!

Fridays at 10:30 a.m.

Registration is not required for this program.

## LEARN 2 DRIVE

These tutorial workshops help teens pass the written exam for their learner's permit.

Cost is \$20.00, including materials..

Sat. Jan. 11 & 18 (1:00 p.m.) Sat. Feb. 22 & 29 (1:00 p.m.)

Please register in advance for this program on our website.

## Library Rhymes

Sheryl Pelletier, Library Director

Join Chrystal at the library for snacks, rhymes, and songs on Tuesday mornings! For ages 0-5 and their caregivers.

Tuesdays at 10:00 a.m. Starting January 7

Please register in advance for this program on our website.

### **After School Craft**

Kindergarten to age 9

Join us one Tuesday afternoon each month for this craft program.

Free. Starts at 3:30 pm.

January 21, February 18, March 17

### **Creative Kids**

Ages 10 and up

Come one Wednesday afternoon a month for more advanced crafts. \$2/child. Starts at 3:30 p.m.

January 22, February 19, March 18

Please register in advance for this program on our website.

## **LEGO BLOCKBUSTERS CLUB**

This drop in program allows Lego lovers to build and create together.

Thursdays after school starting January 9

This free program is open to all ages and does not require registration.

### **Junior Book Club**

This NEW book group is just for kids that love to read.
The club meets at 3:30 p.m. on the 4th Tuesday of each month.
Book titles will be posted ahead of time on our website.

January 28, February 25, March 24

Please register in advance for this program on our website.

#### <u>Library Hours</u>

 Monday
 1:00 p.m. - 5:30 p.m.

 Tuesday
 10:00 a.m. - 5:30 p.m.

 Wed.
 10:00 a.m. - 5:30 p.m.

 Thurs.
 10:00 a.m. - 8:00 p.m.

 Friday
 10:00 a.m. - 5:30 p.m.

 Sat.
 12:00 a.m. - 4:00 p.m.

Closed on Sundays, Statutory Holidays & Saturdays of long weekends

Located at 9917-99 Avenue Sexsmith, Alberta 780-568-4333

## Tween Movie Night

New, family friendly movies on the first Friday of each month at 6:30p.m. Designed for ages 9-12. Free admission and free popcorn. Pop is \$1/can.

January 3, February 7, March 6

### Two Book Clubs!?!

Different times, different books — choose one or come to both!

2nd Wednesday each month, 2:00 p.m. (Jan. 8, Feb. 12, Mar. 11) 1st Thursday each month, 6:30 p.m. (Jan. 9, Feb. 6, Mar. 5)

Call the library or check online for this month's books!





# South Peace Rural Community Learning

Call: (780) 354-2656 Visit: www.SPRCL.ca Email: admin@sprcl.ca

# Sexsmith Courses:

Canadian Firearms Safety Course Saturday, February 1st 9-6 \$150

Beyond the Book! Mondays 10-11:30AM Jan 27 Feb 10,24 March 9,23 Free

Essential Oils Workshop Thursday, February 13th 5:30-7:30PM \$29 Canadian RESTRICTED Firearms Safety Course Sunday, February 2nd 9-4 \$150

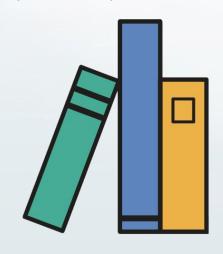
Basic iPhone/iPad Thursdays, February 6th,13th,20th,27th 10-12 \$40 subsidy available SPRCL offers
FREE tutoring
for adults
including:
English as a
second
language,
reading and
writing, basic
math and
numeracy,
GED prep and
iPhone/iPad

## Visit Us

The Adult Literacy Coordinator will be at the Sexsmith Shannon Library on the last Monday of every month.

# Clairmont Courses:

Beyond the Book! Mondays 10-11:30AM March 2nd - April 6th



# SPECIAL EVENTS

## The Brain Architecture Game

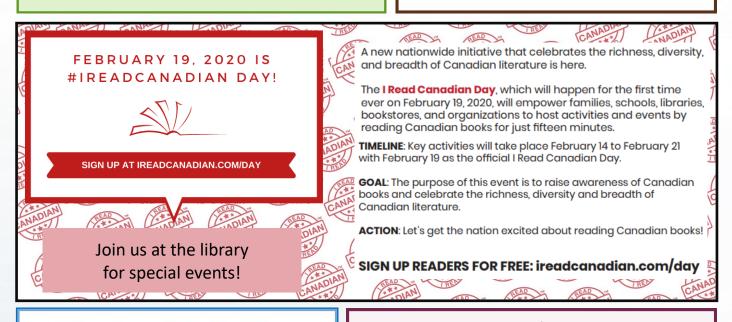
This fun, low pressure learning exercise is designed to educate parents and others on the effects of early childhood experiences on the brain of a developing child. Created by experts in the early childhood development field!

This SPARKED program is being hosted by the Shannon Library in Sexsmith. January 25th at 1:00 p.m. Space is limited. Register online today!

Learn to Make Sourdough

When: Thursday, Feb 6 at 6:30 p.m. Where: Sexsmith Civic Centre Kitchen. Who: Sexsmith & Area residents What: A Sourdough Bread Making Workshop. Learn to make a starter, what to feed it and how & when to bake it. Take home fresh baked bread and your very own starter. Cost: \$40 per participant.

Contact Melody Sample for more information or to sign up at wellness@sexsmith.ca



# Winter Walk Day

Let's get outside and celebrate with Alberta for Winter Walk Day! Wednesday Feb 5, 12:10pm-12:50pm at the Pavilion downtown Sexsmith on 100 Street All ages are welcome! Come out for a short walk, hot chocolate and giveaways!

If the temperature is below -25 we will postpone to Feb 12. Contact Melody Sample for more info at wellness@sexsmith.ca

## 4 Weeks of Techniques:

**Spring All Occasion Cards Edition** 

Join Sheryl at the library in Sexsmith for four creative technique workshops! Use the techniques shown to make some beautiful cards just in time for spring.

> Jan. 30 - Watercolour and stamping Feb. 6 - Copic markers and glitter Feb. 20 - Multi-layer cards

> > Feb. 27 - TBD

Cost is \$5/person each week. This is an adult program (teens are also welcome). More info available online. Register for one or all on the library website!

## FCSS COMMUNITY EVENTS 2020

Naomi Robinson 780-568-4345/fcss@sexsmith.ca

### Easter Eggstravaganza

FCSS will be holding the Annual Easter Eggstravaganza on Saturday, April 4, 2020. Heritage Park

#### 4th Annual S'No Contest

Submit pictures by February 14 of your snow sculpture to win prizes

### Chautauqua Day – June 6, 2019

Chautauqua Day is an old time fair for the whole family to enjoy. Parade, games, petting zoo, greased pole, face painting, kid's art show, vintage car show, wood carver, market and much, much, more. Kid's decorate your bikes, business decorate a float and join us for the parade.

### Chautauqua Day Planning Meetings Town Fair in June

1st Planning meeting March 9, 6:30 pm Town Office New Ideas Welcome Bring a friend

## Upcoming Events/Volunteer Opportunities

April 4 Easter Eggstravaganza

April 6-10 Volunteer Appreciation week

June 6 Chautaugua Day

June 8-12 Senior Appreciation week & BBQ

July-August Summer Day Camps

### Volunteer Appreciation Event

The Mayor's Just Desserts, honoring Community Volunteers will be held during Volunteer Appreciation Week, April 8, 2020

Save the Date - Details to follow

### Senior Appreciation BBQ

The Senior BBQ will be held June 10, 2020
Save the Date-Details to follow

### Sexsmith Summer Day Camps

Sexsmith Summer Day Camps will be running this summer, July and August 2020. If you are interested in becoming a Summer Camp Councilor or enrolling your child in this great program, please contact Naomi at 780-568-4345 or

fcss@sexsmith.ca

### Sexsmith Family and Community Support Service Community Volunteer of the Month

Do you know of an individual or a group that has made an extraordinary volunteer contribution to our Community?

Do you want to recognize their dedication and support and acknowledge the difference they are making?

Please nominate them for the Sexsmith Community Volunteer of the Month. Nomination Process

-Submit volunteer name (picture if possible) and contact information, with a brief explanation of what this volunteer has contributed to our community to:

fcss@sexsmith.ca

or drop off at Town of Sexsmith Office before the 12<sup>th</sup> of each month.

Sexsmith and Area Food Bank is continually accepting donations of non-perishable food.

Donations can be dropped off at the Town of Sexsmith – 9927-100 Street

Kid's snacks and canned fruit are always in demand



For more information on any of these events and programs on this page, contact Melody Sample, Wellness Coordinator, at 780-882-1974 or email wellness@sexsmith.ca.

Follow us to stay current on our happenings at: www.facebook.com/SWellnessCoalition or www.facebook.com/SsmithCommunityGarden

## PRE-K PLAY TIME

For ages 0-5, it's a play time for kids and their adults in the PRBI gym! We have free play time with a loose focus on physical literacy and have a lot of fun!!

Great place to meet young, local families.
No cost! 10am-11:30am

Next dates: Thursdays Jan 9 - April 9. (Not running on March 5)

Please bring clean indoor shoes.



# **Pickleball**

Pickleball is a great exercise, it's fun and it's easy to learn! Beginners are welcome and encouraged – we'll teach you how to play. We would love for you to come check us out on Thursday evenings January 9 - April 30 from 7-9pm at RWZ school. Drop-in for only \$2 and we even have a few extra pickleball paddles to borrow if you don't have one.

Bring clean indoor running shoes, water and wear something comfortable, it gets warm in there!

No registration necessary.



## Seniors Community Kitchen

Are you a senior who would love to purchase some healthy, homemade freezer meals at a low price? We host our community kitchens twice a month at the Civic Centre Kitchen and we'd love for you to come cook OR come for lunch AND/OR take home freezer meals. Delivery available.

## **Upcoming Dates:**

Jan 9 & 21, Feb 6 & 18, March 3 & 17
Lunch is at 12pm for \$4. Cooking starts at 10am.
Come to the back door at the kitchen.
Take home containers for \$2 each.

Community members are welcome to come help cook & deliver meals. Contact Melody Sample at 780-882-1974.

## Wellness Coalition Needs You!

Are you interested in general wellness, fitness or healthy eating? Do you have ideas that would make Sexsmith a healthier community?

We would love to hear from you!

The Sexsmith Wellness Coalition is a friendly group made of different community people that want to create opportunities for wellness for our residents.

Our next meeting is January 22 and we'll be talking about the year ahead. Perfect time to give your ideas some ears to hear them!

Contact Melody Sample for more info.