

SEXSMITH COMMUNITY EVENTS

SUMMER 2019

VOLUME 3, ISSUE 3 JUNE 2019 TO AUGUST 2019

Pavement Stencil Games

Keep your eyes out around town for different pavement stencils and games – you'll find them along pathways, at school playgrounds and various other public places. Have fun with them!

Brought to you by the Sexsmith Wellness Coalition



Saturday June 1 Chautauqua Day 10am-4pm and
Tuesdays From June 18 Through Oct 1, 2019

All Vendors "Make It, Bake It, Grow It".

We are family friendly! We have a Kid's Corner,
food is available to purchase and coffee is on.

A variety of vendors – baking of all sorts, jams,
preserves & pickles, plants, meats, fresh flowers,
honey, local garden produce, BC fruit
jewelry, fresh pasta, wood signs,
sewing, crochet and so much more!

Meet me
at the
farmers
MARKET

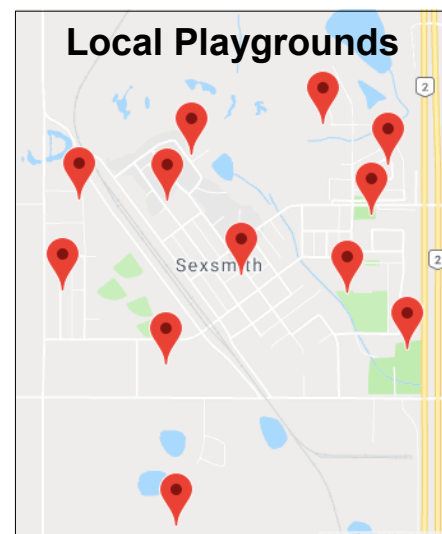
SPARKED Park Passport is available again!

This year's passport will lead you to fun family destinations
and features a new location!



Visit the parks, find the clues and enter to
win great prizes. Pick up your passport at
the library or town office.

Passports are available to all families,
and children aged 0-6 living in the East
County of GP





Follow us to stay current on our happenings at:
www.facebook.com/SWellnessCoalition or
www.facebook.com/SsmithCommunityGarden

Nordic Pole Walking Group

Join us Mondays 6:30pm at the library to walk with us – you can use the poles or not – our loop is 5km but you have the option to do half, which is about 30 minutes. Cost is only \$25 for a 2019 Sexsmith Walk/Run Group membership. Under 19 and over 55 are free! This membership is good all year long for all our programs like Walk & Yoga, Indoor Walking and any other program we put on!

No Registration required, wear appropriate footwear and bring water. 12 sets of poles are available to borrow.

More info? Contact Melody Sample.

For more information on any of these events and programs on this page, contact Melody Sample, Wellness Coordinator, at 780-882-1974 or email to sexsmithwellnesscoalition@gmail.com.

We are looking for people to sit on our Wellness Coalition! The great programs below are a taste of what we do in Sexsmith. Give Melody a call for more info.

COMMUNITY GARDEN

Our Garden is open to the community to pick from when in season!

**GARDEN RULES
EVERYONE IS WELCOME
PLAY IN THE DIRT
TELL YOUR FRIENDS
WISH FOR RAIN
PICK ONLY WHAT YOU'LL EAT TODAY
PULL WEEDS
LEAVE THE GARDEN TIDY
ENJOY THE VIEW**

We're also looking for people who want to help with a bit of weeding or watering this summer.

Seniors Community Kitchen

Are you a senior who would love to purchase some healthy, homemade freezer meals at a low price? We host our community kitchens twice a month at the Civic Centre Kitchen and we'd love for you to come cook OR come for lunch AND/OR take home freezer meals. Delivery available.

Upcoming Dates:

June 6 & 20, July 4 & 18, Aug 1 & 15
Lunch is at 12pm for \$4. Cooking starts at 10am.
Come to the back door at the kitchen.
Take home containers for \$2 each.

Community members are welcome to come help cook, deliver meals and visit with seniors.
Contact Melody Sample at 780-882-1974.



Nerf Wars: a free, fun drop-in program for kids ages 10-18 at the hockey arena.

June 19 & 26 Ages 10-13 play 3:15-4:30pm
 Ages 14-18 play 4:30-5:30pm

July 3 – Aug 14 Ages 10-13 play 1pm-2:45pm
 Ages 14-18 play 3pm-4pm.

Guns, Darts & Protective Gear are supplied!
NO dirty shoes allowed.



Shannon Municipal Library

June to August 2019

Like us on Facebook at Sexsmith Shannon Municipal Library to stay informed about all of our upcoming events and programs!

Library Hours

Monday

1:00pm - 5:30pm

Tuesday

10:00am - 5:30pm

Wednesday

10:00am - 5:30pm

Thursday

10:00am - 8:00pm

Friday

10:00am - 5:30pm

Saturday

12:00pm - 4:00pm

The library will be closed from Saturday to Monday for Canada Day, Heritage Day, Labor Day.

Visit our fresh new website!

www.shannonlibrary.ab.ca for a full listing of upcoming events!

Located in the Sexsmith Civic Centre at 9917-99 Avenue

780-568-4333

librarian@shannonlibrary.ab.ca

Summer Pop Up Programs for adults and teens

Sat., July 13 @ 2:00 pm - Fairy Garden Miniature Terrarium.

Sat., July 27 @ 2:00 p.m. Spatter Flower Garden - Acrylic painting

Sat., August 17 @ 2:00 pm - Large Paper Flower Workshop

Supplies for each covered in \$10.00 registration fee

Details available on our website www.shannonlibrary.ab.ca

1000 page challenge!

No one is too old to participate in Summer Reading!

This summer, as part of 'Batting 1000 in 2019,' all readers from teens to seniors can enter for a chance to win prizes. Read a thousand pages, fill out an entry, Read another thousand, fill out another entry! Contest begins June 15, 2019 with periodic draws starting in July..

Learn 2 Drive

This workshop is designed to help teens pass their learner's test and give them a head start on vehicle safety and the rules of the road!

Cost is \$20.00 per teen,
Must be turning 14+ to register.

Two sessions scheduled
Thursday 6:30 p.m. June 6 and 13
or
Friday 2:00 p.m. July 12 and 19



Interested in being a Friend of the Library? A board member? A program volunteer? The Shannon Library is always a fun place to help out. Speak to Sheryl for more information on how you can get involved at the library today.

Shannon Municipal Library

Summer Reading Program and Club Activities

Here's What You Do!

Sign up for the program:

Once you sign up, you will get a logbook and activity handbook.

Read every day and you'll receive a prize for each week you complete!

Registration opens on Tuesday, June 24th.

Come to a club meeting or two!

There will be activities every week for ages 3-5, 6-9, and 10+.

Please register for each activity in advance and only sign up for meetings you will be able to attend.

Club Activities start the first week of July and run until Mid-August



Reading Club Activities

Ages 3-5

Wednesdays

10:30 - 11:30 am



Ages 6-9

Wednesdays or Thursdays

1:30 - 3:00 pm



Ages 10+

Tuesdays

1:30 - 3:00 pm

Why is Summer Reading so important?

Studies show that children who read throughout the summer maintain literacy skills at a higher level than those who only read during the school year.

Participation in Reading Programs has been proven to help maintain literacy by encouraging kids to read throughout the summer for fun and enjoyment.



Wrap Up Party!

Join us for our Wrap Up Party on
Wednesday, August 15.

There will be a picnic, games, prizes, and more!

1:30 to 3:00 pm at Heritage Park

Open to all reading program members.



FCSS COMMUNITY EVENTS 2019

Naomi Robinson

780-568-4345/fcss@sexsmith.ca

Sexsmith and Area Food Bank
is continually accepting donations of non-perishable
foods
KIDS SNACKS,
CANNED FRUIT AND CANNED MEAT
ARE ALWAYS IN DEMAND
Donations can be dropped off at the Town of Sexsmith
9927-100 Street

Sexsmith Summer Day Camp

Registration for Summer Camp is open! We accept campers aged 6-11, who are looking to have some fun! Camp will run Monday through Friday, July 2nd to August 23th. \$60 a week for regular drop off at 8:30am and pick up at 4:30pm, with earlier and later options to fit your schedule. Located at the Sexsmith Community Centre, you can expect regular trips to the splash park, craft extravaganzas and adventures out into the community. Registration forms available at town office, schools or online at Sexsmith.ca under "How do I?"

E-mail Caden at summercamp@sexsmith.ca with questions, or give us a call at 780-568-3681

Sexsmith Chautauqua Day Family Fair

June 1, 2019

On Main Street:

12-4 Fish Pond
1-4 Classic Car Show
1-4 Book Sale
1-4 Wood Carver
1-4 Bingo Tent
1-4 Farm Safety Tent
1-4 Face Painting
1-4 Smash-a-thon
1-4 RCMP Teepee
1-4 Fire Department Demo
1-4 Adrenaline Athletics
(Special demo at 1:30)
1-4 Food Bank Donation
Collection at Town Office
2:00pm Museum Society
Ribbon Ceremony
2:30pm Blue Bird Dancers

Don't miss the
Parade
12pm-1pm!

Earn tickets for bringing
food bank donations!

Can't wait to see you there!

On 99th Street:

1-4 Local Market
(Civic Centre)
1-4 Kids Art Show
(Civic Centre)
1-4 Senior's Painting Show
(Civic Centre)
1-4 Petting Zoo
1-4 Reptile Display
(Museum Fire Hall)
1-4 Games
(Museum Firehall)
1-4 Museum Raffle Tickets
(Museum Fire Hall)
1-4 Sexsmith Legion 90th
Anniversary Tea
(Civic Centre Club Room)

Pancake breakfast
at the Civic Centre
9am-11am!

Senior Appreciation BBQ

Senior Appreciation Week is June 2-7

In appreciation of our Seniors
A BBQ event will be held at Sexsmith Civic Centre
June 5, 2019 at 12:00 p.m.

All Seniors Welcome

Upcoming Events/Volunteer Opportunities

| | |
|--------------|-----------------------------|
| June 1 | Chautauqua Day -Family Fair |
| June 5 | Senior Appreciation BBQ |
| July-August | Summer Day Camps |
| September 11 | Fall Showcase |

DID YOU KNOW

Volunteering can improve your mental health by giving you feelings of gratitude for what you have in your own life. This new perspective can help you see things more clearly and feel inspired to keep up the great work!

Profits of Sales --- Sexsmith Soccer Association



Call Today to place your order - 780 831-8954

When placing order make sure you mention "Profits to Sexsmith Soccer"

Fundraising Program for the Sexsmith Youth Soccer - Thank You for your Support!

| DESCRIPTION | Price | Order | Total |
|--|----------------|-------|-------|
| 4 oz Gluten Free All Beef Patties (40 Patties) | \$45.00 | | |
| 4 oz All beef patties - 10 pound box (40 patties) | \$45.00 | | |
| 6 oz All beef patties - 10 pound box (27 patties) | \$45.00 | | |
| 4 oz Gluten Free Beef and Pork Patties (40 patties) | \$45.00 | | |
| 4 oz Beef and pork patties 10 pound box (40 patties) | \$45.00 | | |
| 6 oz Beef and pork patties - 10 pound box (27 patties) | \$45.00 | | |
| Pork breakfast sausages - 5 pound box | \$20.00 | | |
| Pork sausage patties - 10 pound box (40 patties) | \$35.00 | | |
| Wieners - 5 pound box | \$25.00 | | |
| Regular smokies - 5 pound box | \$25.00 | | |
| Cheese smokies - 5 pound box | \$25.00 | | |
| Pork chops - 10 pound box | \$35.00 | | |
| Pork cuttlets - 10 pound box | \$40.00 | | |
| Lean ground beef 10 x 1 pound packs | \$40.00 | | |
| Pork side ribs - 5 pound box | \$20.00 | | |
| Bacon - 5 pound box | \$30.00 | | |
| Hot and Sweet Pork Jerky - 225 Grams | \$12.00 | | |
| Terriyaki Pork Jerky - 225 Grams | \$12.00 | | |
| BBQ Pork Jerky - 225 Grams | \$12.00 | | |
| Regular Beef Jerky - 225 Grams | \$12.00 | | |
| Gluten Free Beef Jerky - 225 Grams | \$12.00 | | |
| Black Pepper Beef Jerky - 225 Grams | \$12.00 | | |
| Gluten Free Peppered Beef Jerky - 225 Grams | \$12.00 | | |
| BBQ Beef Jerky -225 Grams | \$12.00 | | |
| Regular Ground Beef Jerky Sticks - 225 Grams | \$12.00 | | |
| Terriyaki Ground Beef Jerky Sticks - 225 Grams | \$12.00 | | |
| Gluten Free Beef Jerky Sticks - 225 Grams | \$12.00 | | |
| Honey Garlic Pepperoni Sticks - 6 count | \$6.00 | | |
| Garlic Sausage Sticks - 4 count | \$6.00 | | |
| Garlic Sausage Sticks With Cheese - 4 count | \$6.00 | | |
| Pepperoni Sticks - 6 count | \$6.00 | | |
| TOTAL | | | |

Shawn's Custom Meats 9302 141 Ave, Grande Prairie, AB - (780) 831-8954